



Polideportivo
San Agustín

SALA TATAMI

| | LUNES | MARTES | MIÉRCOLES | JUEVES | VIERNES | SÁBADO | DOMINGO |
|-------|---------|------------|-----------|------------|----------|--------|---------|
| 7:00 | | | | | | | |
| 7:15 | | | | | | | |
| 7:30 | | | | | | | |
| 7:45 | | | | | | | |
| 8:00 | | | | | | | |
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| 8:45 | | | | | | | |
| 9:00 | | | | | | | |
| 9:15 | | | | | | | |
| 9:30 | | | | | | | |
| 9:45 | PILATES | | E.SANA | | PILATES | | |
| 10:00 | E. SANA | | PILATES | | E. SANA | | |
| 10:15 | | | | | | | |
| 10:30 | | | | | | | |
| 10:45 | | | | | | | |
| 11:00 | | | | | | | |
| 11:15 | TAICHI | | TAICHI | | | | |
| 11:30 | | | | | | | |
| 11:45 | | | | | | | |
| 12:00 | | | | | | | |
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| 15:30 | | | | | | | |
| 15:45 | | | | | | | |
| 16:00 | | | | | | | |
| 16:15 | | INIC ARTES | | INIC ARTES | | | |
| 16:30 | | 3-6 | | 3-6 | | | |
| 16:45 | | | | | | | |
| 17:00 | | | | | | | |
| 17:15 | | TAEKWONDO | | TAEKWONDO | | | |
| 17:30 | | 4-8 | | 4-8 | | | |
| 17:45 | | | | | | | |
| 18:00 | | | | | | | |
| 18:15 | PILATES | TAEKWONDO | PILATES | TAEKWONDO | | | |
| 18:30 | | 9-14 | | 9-14 | | | |
| 18:45 | | | | | | | |
| 19:00 | | | | | NATACIÓN | | |
| 19:15 | | TAEKWONDO | | TAEKWONDO | SINCRO | | |
| 19:30 | | >15 | | >15 | | | |
| 19:45 | | adultos | | adultos | | | |
| 20:00 | | | | | | | |
| 20:15 | | | | | | | |
| 20:30 | | | | | | | |
| 20:45 | | | | | | | |
| 21:00 | | | | | | | |
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| 22:00 | | | | | | | |
| 22:15 | | | | | | | |